



North Ribblesdale R.U.F.C.

Grove Park Gardens, Settle, North. Yorkshire, BD24 9QS

www.northribblesdale.co.uk

Youth Rugby Injuries

Emergency Procedure Guidelines for dealing with accidents and incidents

These guidelines apply to all youth rugby coaches and other youth rugby volunteers at North Ribblesdale R.U.F.C. (the “Club”) who are required to familiarize themselves with the guidelines and apply them. The procedures outlined apply not only to accidents and injuries sustained at the Club’s ground but also when youth players are at away matches or on tour.

The Club may amend these guidelines from time to time. A copy of the latest guidelines can be found on the Club’s website www.northribblesdale.co.uk/download.htm

Dealing with incidents/accidents

When dealing with an incident/accident in which a youth player is injured:

- Stay calm but act swiftly and observe the situation. Is there danger of further injuries? – If so, try to minimize the danger.
- Listen to what the injured person is saying.
- Alert a first aider who should take appropriate action for minor injuries. (Remember – When training or playing matches at the Club’s ground on Sundays, as well as the first aider's in each age group, the age group/section which is “on duty” should have a first aider providing additional cover for all age groups.
- In the event of an injury requiring specialist treatment, call the emergency services. Keep the injured person warm and keep onlookers at bay.
- DO NOT move someone with major injuries. Wait for specialists from the emergency services.
- Deal with the rest of the squad and ensure that they are adequately supervised.
- Contact the injured person’s parent/carer.
- If the injured person is taken to hospital, ensure that all his/her personal belongings are collected up and returned to the injured person or his/her parent/carer in due course.

What constitutes an accident/incident?

There is no all-encompassing definition of what constitutes an injury/incident that necessitates the completion of a Youth Rugby Injuries Report Form – a common sense approach is needed. It is therefore suggested that a Form is always completed where the injured person:

- Needs to have blood cleaned off or strapping etc applied before playing on after an injury
- Appears to have suffered a dislocation or a broken bone
- Appears to be concussed in any way
- Sees a doctor or physio or similar following the injury.

The above list is not exhaustive – if in doubt, a Form should be completed.

After the incident/accident

- The Senior Coach for that age group (S.C.) or, if the SC was not present at the time of the incident/accident, the coach present must complete a Youth Rugby Injuries Report Form **and**, if necessary, notify the welfare officer at the Club of certain serious incidents/injuries.

Accident/Incident Injury Report Form – a copy is attached to these guidelines for reference.

- All SC and all First Aider's should hold a supply.
- A further supply of the forms can be found in by contacting Chris Sharpe
- A form must always be completed in respect of an injured youth player.
- A form must also be completed in respect of an injured youth player from a squad visiting the Club's ground for training, a game or a tournament if either an First Aider has rendered assistance or an ambulance has been called to the Club's grounds (whether or not a First Aider has been involved).
- The original of a completed form must be sent to the Mini/Junior Chair or vice chair (as appropriate) and a copy kept by the SC with the age group's records.

Notification to Chris sharpe Senior Club Secretary

It is a mandatory RFU requirement that certain injuries/incidents are reported to the RFU promptly. To meet this requirement, reportable matters must be notified to Chris sharpe club secretary at the Club within 72 hrs. Reportable matters re are:

- Any head or neck injury that requires a player to be transported directly from the ground to an accident and emergency department
 - An injury that results in admission to hospital as an in patient after a game/training has finished and is game/training related
 - Any injury which prevents a player from playing or training for 8 weeks or longer
 - Deaths, which occur during a game or within 6 hrs of the game finishing.
- Ensure that arrangements have been made to replenish any first aid supplies used.
 - In the case of a serious injury, ensure that the injured person or his/her parents are contacted for 'updates' and arrange visits if appropriate.
 - Ensure that the injured person does not resume playing until fit to do so.

Accidents/injuries at the Club's ground NOT involving a youth player

If such an incident occurs, injuries can be recorded in the Club's Accident Book, which is kept behind the bar